

# Navigate Your Practice: Future of Accountable Care, ACOs & Payment Reform

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# State of Healthcare

## ● Healthcare Reform/ Transformation

- 25% Medicare rate cut averted for 2011 but 27.4% cut pending for 2012
  - 2011 “fix” cost \$18B but 2012/ 2013 “fix” could cost \$54B
  - MedPAC recommendations to realign fee-schedule to support primary care and ACOs, bundled payments, capitated models & shared savings programs
  - MedPAC SGR recommendation slides ~ <http://tiny.cc/u58gy>
- Health Reform Legislation
  - Leverages health IT to improve patient safety, use of the best clinical practices, evidence based medicine as well as wellness and health promotion activities

## ● Focus on Product and Process Breakthroughs

- Mother Teresa’s/ Dr. Shetty’s Pediatric Surgery Center
  - Open Heart Surgery \$2K vs. \$20K-\$100K in U.S.

## ● Beginning the Shift to Paying for Reporting & Quality

- Accountable Care Organizations (ACOs) & PCMHs
- Preventive medicine & wellness
- Significant shift by 2013

# State of ARRA & HITECH Act

## ● EHR Meaningful Use

- Over \$27B available with no cap. Protected in Medicare Trust Fund
- Criteria well within expectations ~ 14/15 Core Measures & 5/10 Menu
- Incentives are front-loaded so begin as soon as you can
- As of October, over 114,000 care providers registered for Meaningful Use
- Over \$870 Million in incentives paid to eligible providers & hospitals already!
  - Over \$20 Million just to Nurses & PA's under Medicaid

## ● EHR Certification

- 6 ONC-ATCB Certifying Entities
- CCHIT remains industry gold standard

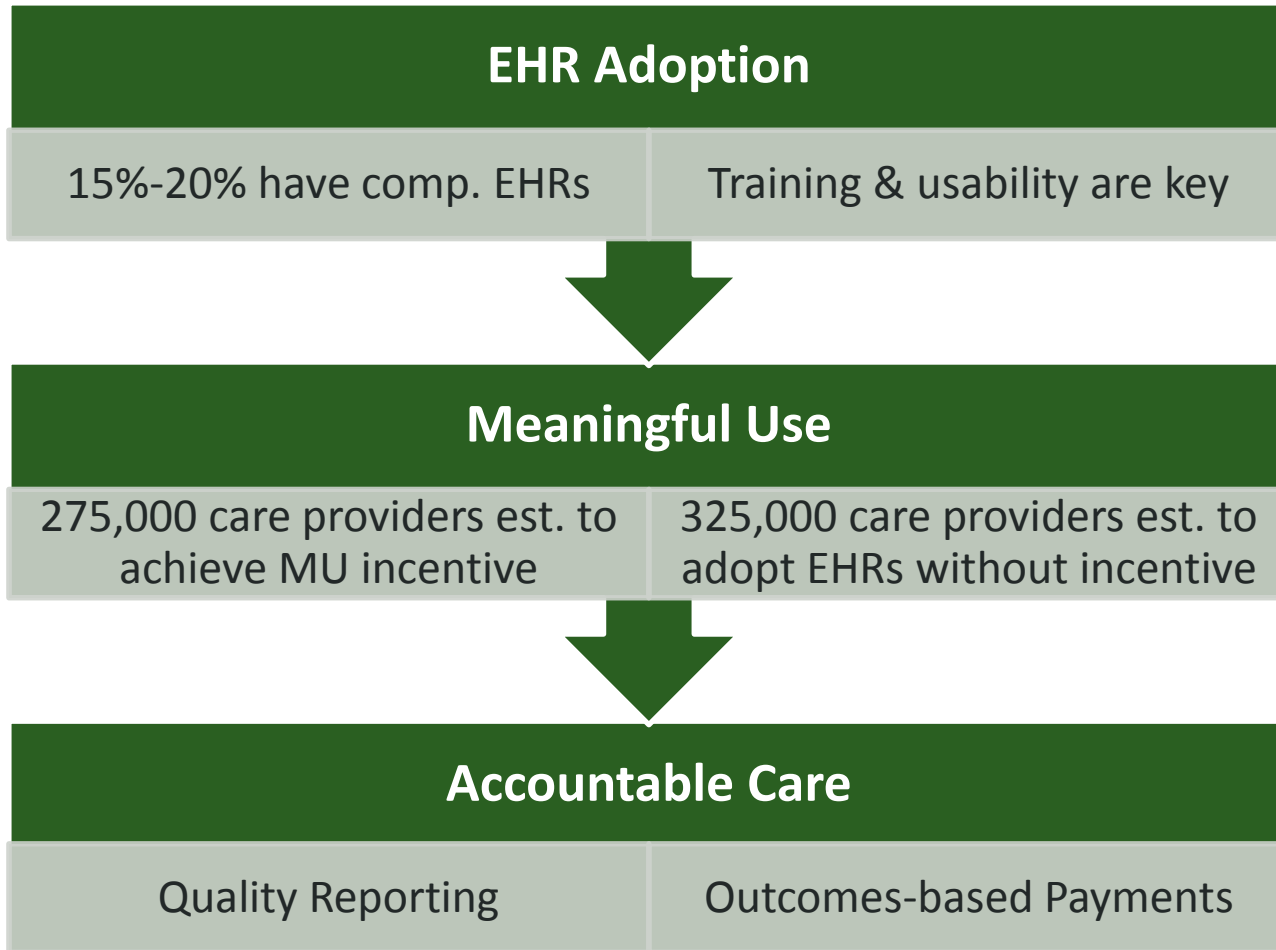
## ● Regional Extension Centers

- Operations underway at various levels of execution

## ● Health Information Exchanges

- Operations underway at various levels of operation

# The Evolution



...essential building blocks for a sustainable healthcare system

# Evolution of Care Coordination

Table 2. Stages of Care Coordination			
	Phase 1: Basic	Phase 2: Early Coordination	Phase 3: Strong Coordination
Organizational Structure	<ul style="list-style-type: none"> <li>▪ Single hospital</li> <li>▪ Independent physician office</li> </ul>	<ul style="list-style-type: none"> <li>▪ Hospital system</li> <li>▪ Physician group</li> <li>▪ Integrated delivery network (IDN)</li> </ul>	<ul style="list-style-type: none"> <li>▪ RHIO/HIN</li> <li>▪ Group model HMO</li> <li>▪ ACO in the U.S.</li> <li>▪ National Health System</li> </ul>
Financing	<ul style="list-style-type: none"> <li>▪ Fee for service</li> <li>▪ Salary</li> </ul>	<ul style="list-style-type: none"> <li>▪ Discounted fee for service</li> <li>▪ Episodic payment</li> <li>▪ Risk pools</li> </ul>	<ul style="list-style-type: none"> <li>▪ Capitation</li> <li>▪ Bundled payment</li> <li>▪ Transaction fees</li> </ul>
Functions	<ul style="list-style-type: none"> <li>▪ Scheduling</li> <li>▪ Billing</li> </ul>	<ul style="list-style-type: none"> <li>▪ Patient billing</li> <li>▪ Claims payment</li> <li>▪ Business process automation</li> <li>▪ Case management</li> <li>▪ Post-acute care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Disease management</li> <li>▪ Care coordination</li> <li>▪ Community-based care</li> <li>▪ Complexity management</li> <li>▪ Outcomes tracking</li> </ul>
Technologies and Solutions	<ul style="list-style-type: none"> <li>▪ Paper-based</li> <li>▪ Stand-alone billing and scheduling</li> </ul>	<ul style="list-style-type: none"> <li>▪ Financial systems</li> <li>▪ EHR</li> <li>▪ ePrescribing</li> <li>▪ Mobile point of care</li> <li>▪ Imaging</li> </ul>	<ul style="list-style-type: none"> <li>▪ Health information exchange (HIE)</li> <li>▪ Longitudinal health record</li> <li>▪ Service oriented architecture (SOA)</li> <li>▪ Telehealth</li> <li>▪ Secure cloud</li> </ul>

# Accountable Care

## Accountable for what?

- Electronification / Health IT & EHR Utilization
- Interoperability
- Coordinating Care (with Care Team)
- Best Practices
- Quality Improvement/ Outcomes Improvement
- Patient Education
- Patient Satisfaction
- Cost Containment
- Cost Reduction (to increase Shared Savings)

# Purpose and Goals: Healthcare vs Sick Care

- To harness growing healthcare costs annually approaching \$2.5 trillion
- Targets America's approx. 50 million Medicare patients to advance EHR-driven preventive medicine, care coordination and wellness focusing on each patient's care continuum as a Patient-Centered Medical Home (PCMH) concept
  - Currently 1 in 5 Medicare patients are readmitted within 30 days
  - The majority of Medicare patients suffer from multiple chronic ailments
  - Recent study ~ 1/3 of patients admitted are harmed by our healthcare system

# Purpose and Goals: Healthcare vs Sick Care

- The ability to collect and analyze clinical, claims and payer data to enable quality monitoring and reporting
  - ACOs and CMS enter data-sharing agreements
  - Proposal requires that data be available to providers
- Promotes remote monitoring and telehealth also to develop the Patient Centered Medical Home objective
  - Proposal advances the communication of care plans to patients
- Stresses the need for development of Health Information Exchanges (HIEs)
  - Proposal continues the trend of standard data exchange protocols and language

# CMS Shared Savings Final Rule: Broadens Participation

- Flexible start dates – April 1, 2012; July 1, 2012
- Maintains 5,000 patient minimum; 3-year commitment
- Expands participation by Specialists, Nurse Practitioners, FQHCs, RHCs & CHCs
- Allows providers to participate in more than one ACO (if the provider bills through more than one hospital)
- CMS to provide Parts A,B,D & claims data to ACOs to create baseline benchmarking

# **CMS Shared Savings Final Rule: Relaxed Financial Risk**

- **Eliminates 25% withholding of Shared Savings toward shortfall**
- **ACOs share in first dollar savings, both tracks once MSR achieved**
- **Maintains choice of Track One or Track Two funding option**
- **Track One (MSR 50%):**
  - Eliminates loss risk in year three
  - Removes two-sided risk
- **Track Two (MSR 60%):**
  - ACO eligible for higher percentage of funds
  - ACO Responsible for shared losses all 3 years

# **CMS Shared Savings Final Rule: Quality Measure Requirements**

- **33 quality measures reduced from 65 (in proposed rule)**
- **Four reporting domains (70% required within each):**
  - Care Coordination/Patient Safety
  - Preventive Health
  - At Risk Population
  - Patient/Caregiver Experience
- **EHR adoption measure is double-weighted in Care Coordination**
- **CMS to administer and fund initial Patient Satisfaction survey in first two years of organization**

# **CMS Shared Savings Final Rule: Quality Measure Reporting**

- **Maturation process for quality measures – within both tracks**
- **Year one:**
  - All 33 measures only pay for reporting
- **Year two:**
  - 25 measures are pay for performance
  - Remaining eight are pay for reporting
- **Years three and four:**
  - 32 measures become pay for performance
  - One measure remains pay for reporting

# Quality Measure Point System

Total Points for Each Domain within the Quality Performance Standard				
Domain	Total Individual Measures	Total Measures for Scoring Purposes	Total Potential Points Per Domain	Domain Weight
Patient Caregiver Experience	7	1 measure with 6 survey modules measures combines, plus 1 individual measure	4	25%
Care Coordination and Patient Safety	6	6 measures, plus the EHR measure double-weighted (4 points)	14	25%
Preventative Health	8	8 measures to achieve	16	25%
At Risk Population	12	7 measures, including 5 component diabetes composite measure and 2 component CAD composite measures	14	25%
<b>Total</b>	<b>33</b>	<b>23</b>	<b>48</b>	<b>100%</b>

# **CMS Shared Savings Final Rule: PQRS Alignment**

- CMS allows annual receipt of both PQRS and Shared Savings funds
- PQRS reporting requires submission of data through the ACO entity
- Calendar year reporting period (January – December)
- Much of the quality measure alignment is within the at-risk population criteria

# New Updates and Opportunities

## Center for Medicare & Medicaid Innovation

- **Pioneer ACO Model**, for existing care coordinating entities across care settings
  - Allows rapid movement from Shared Saving to population-based payment model
  - Allows greater coordination with private payers
  - Offers heightened risk/reward and more flexible payment methods
  - 70 will be selected, deadline to apply has passed
- **Advance Payment**
  - Initiative to gauge the enrollment gains of pre-payment
  - Based on per-beneficiary model
  - Funds received used to increase care coordination abilities
- **Accelerated Development Learning Program**
  - Executive Leadership Sessions
  - Four free seminars in 2011, found at <https://acoregister.rti.org/>

All programs found at <http://innovations.cms.gov/>

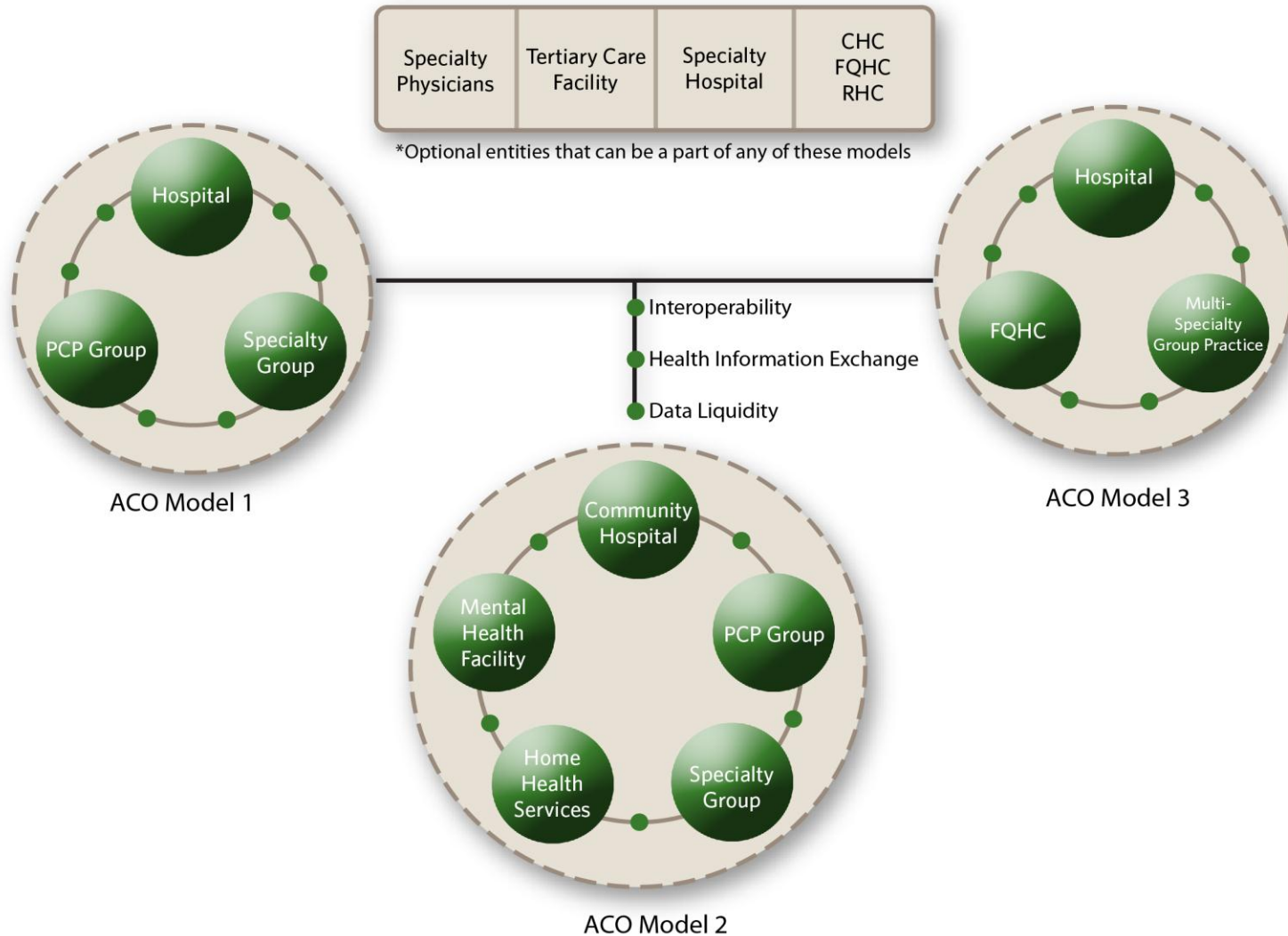
# Commercial, private ACO Models are underway

- Advocate Physician Partners and Blue Cross Blue Shield of Illinois
- 5 national pilots through the Engelberg Center for Health Care Reform at Brookings and The Dartmouth Institute for Health Policy and Clinical Practice
  - Norton Healthcare, Louisville, KY
  - Carilion Clinic, Roanoke, VA
  - Tucson Medical Center, Tucson, AZ
  - HealthCare Partners Medical Group, Torrance, CA
  - Monarch HealthCare, Irvine, CA
  - Citizens Health Initiative, Concord, NH
  - Aria Health (18 Healthcare Organizations), Philadelphia, PA

# Eligible ACO Membership

- Primary care physicians, specialists, nurse practitioners and clinical nurse specialists in group practice arrangement
- Networks of individual practices of ACO professionals
- Partnership of joint venture arrangements between hospitals and ACO providers
- Hospitals employing ACO providers
- FQHC, CHC RHC facilities, eligible Critical Access Hospitals, and home health networks

# Accountable Care Models



# Shared Savings Differs from former HMO models

- Providers, not payers, responsible for quality of care and accountability
- ACOs structured to contract with provider organizations, not health plans
- Flexible system of care models, including allowing health plans as entity within an ACO
- Based on Health IT utilization

*\*Tracking concerns of shifting cost to Consumer, Private Payers*

# Managing the Patient...

- **Patient Engagement, Empowerment & Management Strategies**
  - Produce analytics on patient/ consumer population
- **Sample Functionality...**
  - Phone & “text” reminders
  - eMail calendar invites
  - Customized (automatic) patient education materials that incorporate video and “smart” self-help tools
- **Robust Patient “CRM”-type Strategies and Functionality**
  - Analytics comparing and contrasting outcomes & quality reports
  - eMail marketing tools & “smart” patient education materials

# What are your Goals?

- Do you have a 3-5 year Operating or Growth Plan?
- If you are approached by a local Accountable Care Plan or ACO...
  - Financial incentives to join ACO?
  - Strategic incentives to join ACO?
  - Will you have access to bi-directional data/ interoperability?
  - What data requirements are they asking of you?
  - Binding? Non-binding?

# Position Your Practice

- Assess EHR, interoperability & overall technology infrastructure
- Assess Medicare beneficiary patient volume; patients can opt in/out voluntarily
- Engage peers, associations, payers, employers & health systems in your community
- Identify CMS, private payer or combined care coordination opportunities
- Don't wait; ACOs are forming today around the country

# Payment Reform

- Healthcare financing mechanisms today do not align with the goals of disease prevention, improved health outcomes, and reduced costs.
- Perversions of the concepts of insurance and information technology contribute to the payment misalignment
- Due to the lack of accountability in the current system, lack of available information on which to make responsible care decisions and disengaged stakeholders, we must create a competitive functioning market

# Payment Reform

## Six Recommendations to Fix the System

- Require and pay for predictive care paths and other evidence based medicine
- Change the basis for paying primary care physicians and expand the role for other professionals
- Increase consumer engagement and personal responsibility, reducing the abuse of the system by consumers
- Stimulate private insurance competition and provide consumers with greater product options
- Accelerate government's role as 'enabler' not 'architect' of new industry business models
- Reduce fraud and abuse in the system

# Capitol Hill Engagement



## Be part of the conversation

In Congress today....

**22 Physicians | 300+ Attorneys**

**Your Congressperson & Senators want to hear from you**

- Educate them on the life of a care provider & small business
- Offer to host a site visit on one of their “district days”
- They should be able to assist with HHS relationships
- They may even ask you to be on a Panel or in a Hearing
- Let us know how we can help

**GREENWAY**

# Additional Resources

## Greenway's Government Affairs Updates



EHR Meaningful Use Microsite ([www.meaningfuluse-emr.com](http://www.meaningfuluse-emr.com))

EHR MU Navigation (<http://tiny.cc/vxkd1>)

Gov't Affairs [www.greenwaymedical.com/learn-more/govt-industry-affairs](http://www.greenwaymedical.com/learn-more/govt-industry-affairs)

## Important Government & HHS Sites



CMS Meaningful Use Page (<http://www.cms.gov/EHRIncentivePrograms>)

HHS Breach Notification Rule (<http://tiny.cc/xytg5>)

HHS Privacy Rule ([www.hhs.gov/healthprivacy/](http://www.hhs.gov/healthprivacy/))

## Agency ACO Sites



Medicare ACO Final Rule (<http://tiny.cc/z9o75>)

CMS Educational Events Page (<http://tiny.cc/aszkn>)

CMS ACO/ Shared Savings Page (<http://www.cms.gov/sharedsavingsprogram>)

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# QUESTIONS OR COMMENTS?



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